TIP SHEET

Home Visit Safety Planning

02

04

ARRANGING THE VISIT

- Review all available information and assess risk
- What is the client's cultural background? Should you be aware of any cultural customs?
- Should this be a joint home visit?
- Can it be done between 9 a.m. 5 p.m.?
- Should you consider an alternative meeting place?
- Can you get a hold of the client just before the visit?
- Does the client want to be seen at home?



If you feel there is a risk to your safety do not proceed without proper planning.

THE VISIT

- Carry a well-charged phone
- Park in an easily accessible area, as close to the visit as possible
- Be aware of your surroundings
- Be alert to signs of threats or violence

03

01

Do not proceed with the visit if there are any signs of potential danger.

MANAGING AN INCIDENT

- Take measures to minimize any adverse impact
- Don't challenge but be assertive
- Stand up and leave if you experience aggressiveness, foul language, unexpected behaviour, rudeness, or name-calling
- Call 911 if you are in danger
- Debrief with midwifery the team

Make sure to plan what you will do before, during, and after the home visit.

KNOWING THE PLAN

- Know why you are visiting
- Details of your visit (client's name, address, travel time) should be readily known and available to the team
- Notify your team of any delays in your return
- Policies and plans should be in place to ensure safety and notification
- Wear comfortable clothing and footwear for safety and movement; don't forget the family's cultural protocols (if any)

AFTER THE VISIT

- Ensure that your team is aware of your safe departure
- Document the visit in a timely way
- Appropriately handover to the team or any midwife involved in the care
- Debrief and plan the next steps



Visit canadianmidwives.org/family-violence/resources/ for more resources.

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Midwives Recognize & Respond to Family Violence





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