## PROVIDE COMPREHENSIVE CARE

Prioritize and invest in comprehensive sexual and reproductive care through midwifedelivered holistic client-centred services beyond abortion care. This includes family planning, contraception counselling, and post-abortion care.

2 SUPPORT
MIDWIVES'
ASSOCIATIONS

Invest in building strong midwifery associations in Canada to lead in continued abortion care learning and advocate for sexual and reproductive care that is localized, coordinated, responsive, equitable, and sustainable.

OPTIMIZE SCOPE OF PRACTICE

Recognize and leverage midwives' expertise and unique skills and support midwives to provide comprehensive abortion care services independently.

4 PRESCRIBING AUTHORITY

Remove current provincial and territorial restrictions to allow midwives to independently prescribe medications necessary for abortion care, including contraceptives, aligning with evidence-based practices and global guidance.

5 PAYMENT MECHANISMS

Establish accessible and appropriate payment structures and flexible funding models that allow midwives to provide abortion care and respond to changing community needs.

# INVEST IN MIDWIFE-LED ABORTION CARE

# ABORTION CARE IS HEALTHCARE

#### WHY INVEST IN MIDWIVES?

Abortion is a routine and essential part of healthcare and includes planned and unplanned pregnancies.

Health systems in Canada are not meeting the sexual and reproductive care needs of women, trans, and nonbinary people.

Many continue to face significant barriers to culturally safe, appropriate, and timely access to abortion care.

Midwives are ideal abortion care providers and key to addressing current barriers.

We recognize midwives are a crucial component of a broader movement committed to achieving reproductive justice.

We advocate for the integration of midwives as abortion care providers throughout provinces and territories and believe this will bring us one step closer to realizing reproductive justice in Canada.

Financial contribution:



Health Canada







## A ROADMAP FOR BUILDING AN ENABLING ENVIRONMENT FOR MIDWIFE-LED ABORTION CARE



#### **WHO**

- Midwives respond to community needs and priorities in an informed choice and clientcentred model of care
- Intra-professional peer support and collaboration among midwives
- Inter-professional collaboration and consultation of midwives with physicians and allied health professionals as needed

#### WHAT

- Pre-abortion\* information, clinical
  assessment, options
  counselling, and shared
  decision-making
- Abortion\* medication, vacuum aspiration, and expectant management
- Post-abortion\* followup care, assessing and managing complications, and family planning

#### **WHERE**

Home, telemedicine and other remote care, midwifery clinics, birth centres, early pregnancy clinics, community outreach facilities, primary care clinics, and hospitals

#### HOW

- Equity-driven, culturally safe, and communitybased abortion environments
- Universal contraception and abortion coverage
- Inclusion of abortion care training across midwifery education pathways
- Midwifery associations provide abortionrelated learning
- Midwives have access to the necessary diagnostic tools and medications
- Payment mechanisms for appropriate remuneration of midwives
- Midwives are well integrated into health and social service systems

## ENABLING ENVIRONMENT

- Recognizes the leadership of IBPOC and 2SLGBTQI+ midwives in reproductive justice movements and abortion care
- Honours and centres multiple ways of knowing
- Proactive midwifery associations
- > Strong midwifery leaders
- Integration of midwives across all levels of health systems
- Supportive regulatory structures and midwife-prescribing legislative authority
- Pay equity for midwives and flexible funding models
- Aligned governmental agendas and political will
- Accessible learning and education pathways for abortion care
- Continued public engagement to normalize abortion as part of healthcare

<sup>\*</sup>Abortion care includes planned and unplanned pregnancies (i.e., early pregnancy loss, miscarriage, or spontaneous abortion)